

## How to use your chair



### Synchronised Mechanism

Simplistic controls located on EITHER side make this mechanism really easy to use and ultra ergonomic. This quick and easy mechanism has been developed to put the user in full control of their chair, enabling them to work in free flow mode or lock the chair into a position that is comfortable for them.

#### 1) Seat Height Adjustment

Raise lever to raise or lower height of seat.

#### 2) Seat Angle Adjustment

Pull lever to alter seat angle, push button to lock into desired position.

#### 3) Backrest Angle Adjustment

Rotate hand-wheel to alter back angle, release to lock into desired position.

#### 4) Synchronised Adjustment

Raise lever to set synchronised back and seat angle, push down to lock into desired position.

#### 5) Body Weight Tension Control

Wind hand-wheel clockwise to loosen and anti-clockwise to tighten.

#### 6) Seat Slide Adjustment

Rotate telescopic handle to alter seat depth. Release to lock into desired position.

#### 7) Inflatable Lumbar Support

The hand pump at the rear of the seat will inflate the lumbar when squeezed. Depressing the valve will deflate the lumbar.