NIQ Brandbank

Mug Shot Chinese Style Chow Mein Noodles 45g



EAN
5021476001112

Target market(s)
GB, IE

Components

Ingredients

Dried Noodles [Durum **WHEAT** Semolina, **EGG** White, Salt]

Maltodextrin

Potato Starch

Natural Flavourings (contain **WHEAT**, **BARLEY**)

Garlic Powder

Onion Powder

Colour (Plain Caramel)

Dried Carrot

Dried Spring Onion

Chinese Five Spice [Salt, Star Anise, Onion Powder, Sugar, Cinnamon, Black Pepper, Ginger, Fennel, Clove, Garlic Powder]

Ground Ginger

Salt

Acid (Citric Acid)

Calculated Nutrition

	(as consumed) Per 100g	(as consumed) Per sachet (245g)
Energy (kJ)	298	731
Energy (kcal)	70	172
Fat (g)	0.2	0.6
of which saturates (g)	0.1	0.3
Carbohydrate (g)	14.4	35.4
of which sugars (g)	0.9	2.3
Fibre (g)	0.9	2.1
Protein (g)	2.2	5.4
Salt (g)	0.63	1.54

Allergen Tag Text

For allergens, including Cereals containing Gluten, see ingredients in **BOLD**.

Allergy Text

ALSO, MAY CONTAIN MILK, SOYA, MUSTARD AND OTHER GLUTEN SOURCES

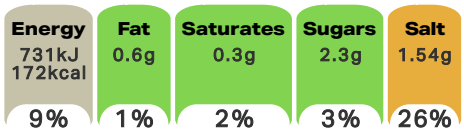
Nutrition

	(as consumed) Per 100g	(as consumed) Per sachet (245g)
Energy	298kJ/70kcal	731kJ/172kcal
Fat	0.2g	0.6g
Of which Saturates	0.1g	0.3g
Carbohydrate	14.4g	35.4g
Of which Sugars	0.9g	2.3g
Fibre	0.9g	2.1g
Protein	2.2g	5.4g
Salt	0.63g	1.54g
Once boiling water has been added to the contents of this sachet it weighs 245g (approx.)		
This represents one serving		
All values below relate to the product when made up with water (i.e. per 100g is a portion of the 245g serving)		

Front of Pack Nutrition

Per Portion

Per Sachet:



Of Your Reference Intake*

Typical values per 100g: Energy 298kJ/70kcal

*Reference intake of an average adult (8400kJ/ 2000kcal)

Nutrition Other Text

Once boiling water has been added to the contents of this sachet it weighs 245g (approx.)
This represents one serving
All values below relate to the product when made up with water (i.e. per 100g is a portion of the 245g serving)

Reference Intake Statement

Reference Intake Statement - Reference intake of an average adult (8400kJ/ 2000kcal)

Product Description

Brand

Mug Shot

Features

Less than 1% Fat
172 kcal per sachet
Made with Natural Flavours
Ready in 5 mins
No artificial colours
Suitable for vegetarians

Standardised Brand

Brand - Mug Shot

Regulated Product Name

Ribbon noodles in a soy, garlic and Chinese five spice flavour sauce with dried carrot and spring onion

Marketing

Company Name

Symington's Ltd. / Tennant & Ruttle Distribution Ltd

Company Address

Symington's Ltd.,
Dartmouth Way,
Leeds,
LS11 5JL,
UK.

Tennant & Ruttle Distribution Ltd,
2010 Orchard Avenue,
Citywest,
Dublin 24,
D24 EKW3,
Ireland.

Health & Lifestyle

Lifestyle

- Suitable for Vegetarians

Allergy Advice

Barley - Contains
Cereals Containing Gluten - May Contain
Eggs - Contains
Milk - May Contain
Mustard - May Contain
Soya - May Contain
Wheat - Contains

Additives

Artificial Colours - Free From

Storage & Usage

Storage Type

Type
Ambient

Preparation and Usage

Make Up Instructions:
1. Empty sachet contents into your favourite mug
2. Fill your mug halfway with boiling water (approx. 200ml) and stir thoroughly.
3. Leave to stand for 5 mins with a stir halfway through. Top up if a thinner sauce is required.
4. Take a moment. And Enjoy!

Storage

Store in a cool, dry place.

Brandbank Captured Pack Data

Pack Size

0.1lbs ℮

Numeric Size

Numeric Size - 0.1

Recycling Info

Whole Packaging - Do Not Recycle

Pack Type

Type - Sachet

Recycling Scheme

- OPRL

Usage Count

Number of uses - Servings

1

Usage Other Text

This represents one serving

Customer Services

Manufacturers Address

Symington's Ltd.,
Dartmouth Way,
Leeds,
LS11 5JL,
UK.

Tennant & Ruttle Distribution Ltd,
2010 Orchard Avenue,
Citywest,
Dublin 24,
D24 EKW3,
Ireland.

Return To

Symington's Ltd.,
Dartmouth Way,
Leeds,
LS11 5JL,
UK.

Tennant & Ruttle Distribution Ltd,
2010 Orchard Avenue,
Citywest,
Dublin 24,
D24 EKW3,
Ireland.

Social Media

Facebook: @facebook.com/mugshotuk
Instagram: @mugshotuk

Extended Data

Description Breakdown

Functional Name - Noodles
Variant - Chinese Style Chow Mein